





Gamma Phi Beta Member Competencies

Be Yourself		Self-Awareness	She can identify her personal beliefs, her strengths and weaknesses and engages in thoughtful reflection on who she wants to be.
		Confidence	She believes in herself and her ability to make decisions, take actions and achieve positive results.
		Resiliency	She perseveres through challenging situations and uses healthy strategies to bounce back from difficult events.
Grow with Others		Communication	She is prepared, thoughtful, engaged and reflective when taking in information and communicating with others.
		Teamwork	She can identify attributes of a healthy relationship and contributes individually in creating a positive team dynamic.
		Mentorship	She uses her experience to guide and coach other individuals.
		Diversity and Inclusion	She celebrates her personal identity and demonstrates respect and appreciation for individuals with identities different than her own.
Lead Your Community		Philanthropic Spirit	She generously donates her time, skills, talent and financial resources to causes important to her and the organization.
		Community Participation	She is an active citizen and uses her involvement to enrich and benefit the communities to which she belongs.
Learn for a Lifetime		ΓΦΒ Knowledge	She knows the history, current initiatives and future goals of the Sorority and uses her knowledge to make decisions that reflect organizational values and priorities.
		Critical Thinking	She is analytical, thoughtful, curious and objective in exploring new ideas prior to forming an opinion or decision.
		Applied Learning	She makes connections between different ideas and concepts, applies knowledge and skills to solve complex problems.
		Personal Excellence	She strives for continued personal growth and challenges herself to reach high levels of achievement in all areas of her life.