

## Planning For Action

This resource is designed to guide an individual through a process of engaging in action around a topic. This guide is not one-size-fits-all and can therefore be modified as needed to meet the needs of an individual, chapter or team. Consider first engaging with this resource in its entirety before modifying. For additional topic-specific belonging, equity, diversity and inclusion (BEDI) resources, visit the **BEDI Resources** page on GammaPhiBeta.org.

### Phase One: Learn

The first phase of engaging in action around a topic is to learn more about it. It is especially important to engage with viewpoints outside our own to challenge our biases and explore multiple ways to think about the topic.

**The topic or issue I want to learn more about is:** \_\_\_\_\_

**The two sources I want to engage with to learn more about this topic are:**

Source one: \_\_\_\_\_

Source two: \_\_\_\_\_

*Note: While social media can be a great tool to learn about current events, relying solely on social media as a new source is not recommended. Instead, seek out primary sources like news outlets for more information. If social media is most convenient for you, consider following official accounts for news agencies.*

**There are often many ways to understand a topic. Describe two different perspectives on the topic.**

One perspective on this topic is:	Another perspective on this topic is:

### Phase Two: Listen

Most issues impact people. Therefore, the actions we take will likely also impact people. Identifying the impacted party/parties and listening to their perspective is critical in engaging in thoughtful action.

**Who might this topic impact?** \_\_\_\_\_

**One source that explores the experience of the impacted party is:**

\_\_\_\_\_

**What did I learn from the impacted party?**



### **Phase Three: Think**

What we learn informs what we think about a topic. What we think about a topic informs the kind of action and allyship we engage in.

**Based on what I learned about this topic, I currently think the following:**

### **Step Four: Pause**

Before moving into action, taking a moment to pause can help us slow down and thoughtfully consider a multitude of actions we might take. Engaging in reflection questions is one practical way to understand more about actions you might take.

**Why do I want to engage in action?**

**How can I center the impacted party in my allyship/action and decenter myself?**

**Is my action needed? How do I know?**



**Step Five: Do**

Engaging in action looks different for each person. We all have different strengths, different spheres of influence, different ideas of what “successful” action looks like and more. We are each uniquely positioned to create positive change.

**Three actions I might take are:**

**Of these three actions, the first action I will take is:**

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*Source: University of Minnesota, “Use allyship to support communities: Six ways to get started”*

