

GAMMA PHI BETA REGOGNIZES HEATHER MCDONALD WITH CARNATION AWARD

June 25, 2022

Centennial, CO – Gamma Phi Beta presented Heather McDonald (Southern California) with the Carnation Award at the Sorority’s 80th Convention in St. Louis, Missouri. The award recognizes members whose outstanding achievements in fields outside the Sorority have brought them honor or great distinction. McDonald graduated from the University of Southern California, where she was initiated into the Beta Alpha Chapter.

McDonald’s successful comedy and pop culture podcast, “Juicy Scoop with Heather McDonald”, is in its seventh year and has over 600 episodes and 100 million plus downloads. The show has over 20,000 five-star reviews on Apple Podcasts and is ranked #2 in Comedy Interview charts and the #1 Female Comedy Interview Podcast. She has released stand-up comedy specials on Amazon Prime, Netflix and Showtime.

Her stand-up comedy, podcast and other creative content are celebrated for their relatability. She is always sharing authentically about her over 20-year marriage, two teenage sons and being a stepmother, all while making girl’s nights out her main priority in life. McDonald is most recognized from E!’s top-rated show “Chelsea Lately” where she wrote, produce, and appeared for its entire seven-year run. She has two New York Times Bestselling memoirs, titled *You’ll Never Blue Ball In This Town Again* and *My Inappropriate Life*.

Since 1974, Gamma Phi Beta has presented the Carnation Award to members who excel in their careers and positively represent themselves and the Sorority. The award recognizes impressive personal accomplishments and identifies role models within the organization. This year’s additional Carnation Award winners are Shibani Joshi (Oklahoma), Dr. Margaret Myers (Colorado College) and Jeanne Duncan Waggener (Texas-Austin).

ABOUT

Gamma Phi Beta was founded on November 11, 1874, at Syracuse University by four bold and courageous women. The Sorority’s mission is to build confident women of character who celebrate sisterhood and make a difference in the world around us. Headquartered in Centennial, Colorado, the Sorority has chartered 190 collegiate chapters across the United States and Canada and has more than 242,000 initiated members.

